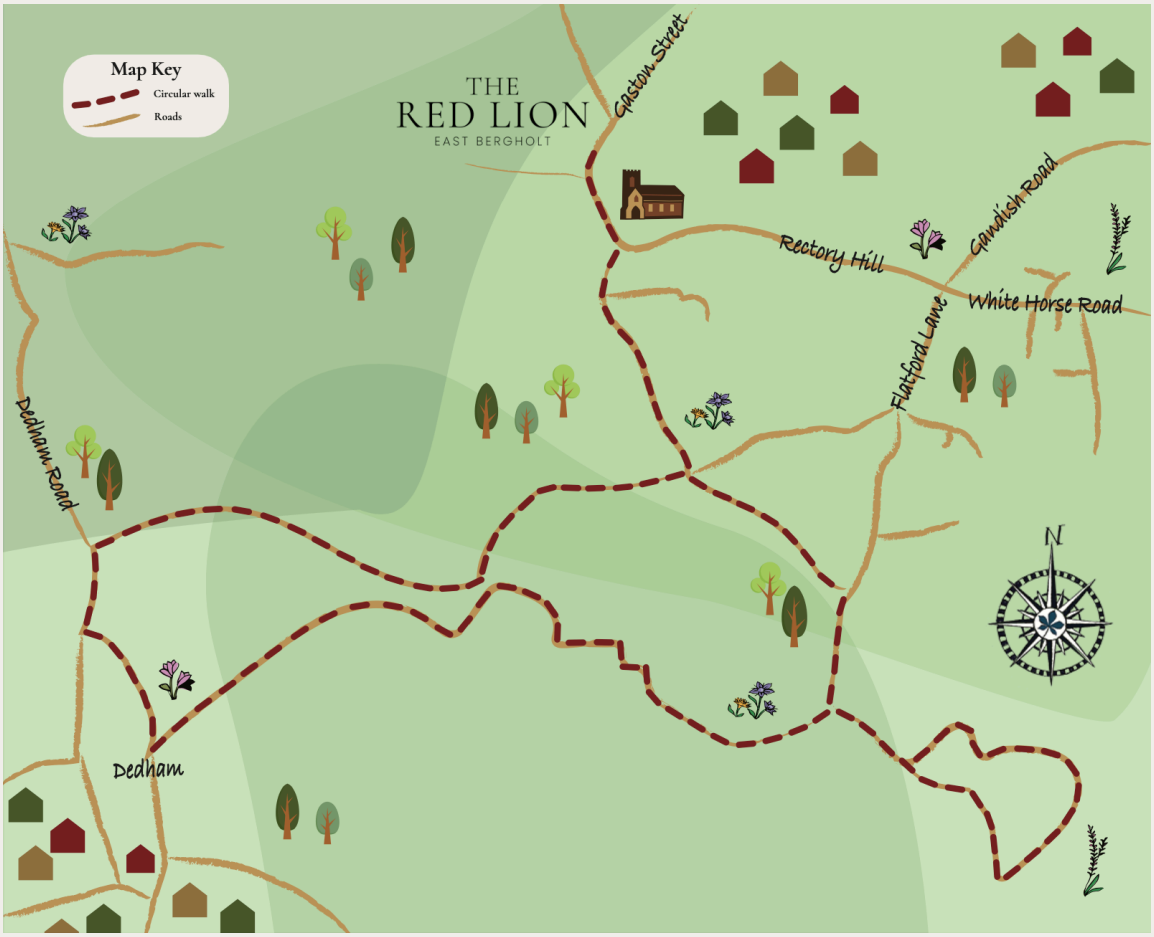
THE RED LION
EAST BERGHOLT



The Red Lion - pub round route

From The Red Lion, turn right and walk down The Street until you reach St Mary's Church. Turn right onto Flatford Lane and follow it downhill between tall hedgerows.

Keep going until you arrive at Flatford. With the car park on your right, follow the road round to the right towards the Flatford Tea Room. Continue left past the tearoom until you reach Flatford Mill on your right, with Willy Lott's House just beyond it.

Follow the track left and take the next path on your right. Keep right as the path loops round until you rejoin the lane by Willy Lott's House, this time with the River Stour on your left. Pass Flatford Mill again and return to the Tea Room, but this time turn left over Flatford Bridge.

After the bridge, turn right into a field and follow the footpath, keeping close to the river on your right. Continue until you reach Fen Bridge, where you turn left. Follow the lane to a crossroads and turn right. At the next crossroads, bear right again.

Stay on this path until you reach Brook Street. Turn right, then immediately right again until you reach a fence. Go left through the gate and continue along the path.

You'll pass Dedham Community Farm. Here, turn left to reach Mill Lane. Turn right along Mill Lane and continue until you cross the River Stour. Take the footpath left straight after the bridge, crossing the river once more, then turn right and follow the path, keeping the river close on your right.

When you return to Fen Bridge, turn left and follow the path to the junction. Turn right here and continue until the next crossroads, where you turn left. Follow Flatford Lane until the T-junction, then turn left again. Continue straight until you return to The Red Lion, which will be on your left.



Around & About



St. Mary's Church: The church's construction began around 1350 and it features a unique bell cage, likely built when the plan for a west tower was abandoned. The cage is a rare example of its kind, and its bells are rung by hand.



The painter John Constable was born in East Bergholt in 1776 and grew up in the village, which became the inspiration for many of his landscape paintings. The area around East Bergholt is now known as Constable Country, and many of his famous works, such as The Hay Wain, are set in and around the village and Flatford hamlet.



The village was a well-established community by the Anglo-Saxon period and was recorded in the Domesday Book of 1084 as 'Bercolt', a royal parish. By the 15th century, East Bergholt became the most important clothing town in the Samford Hundred.

Discover More

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In the picture postcard village of Nayland, sits The Anchor, a charming country Pub and restaurant with a colourful past and a timeless allure. The kitchen serves seasonal, regional British fare, with a nod to comfort and plates of joy, and embracing a welcoming nudge to a more modern take on the for ever changing specials, embracing provenance.

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